

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

Men 60 Meter Dash**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

=====						
MIAC Record: #		6.81	2018	Emmanuel Egbujor, Augsburg		
Name	Year	School	Seed	Prelims	H#	
=====						
Preliminaries						
1	Drew Schoenbauer	SR St. John's (Minn.)	7.00	6.94Q	3	
2	Ryan Miller	SO St. John's (Minn.)	6.93	6.96Q	1	
3	Eric Douville	FR St. Thomas	7.03	7.00Q	2	
4	Conor White	SR St. Thomas	7.10	7.08q	1	
5	Kyle Lichttenegger	SR Saint Mary's	7.06	7.11q	2	
6	Bryan Richter	JR Carleton	7.14	7.12q	3	
7	Nic Jones	FR Bethel (Minn.)	7.22	7.17q	1	
8	Jack Young	FR St. John's (Minn.)	7.15	7.18q	2	7.173
9	Malachi Lossow	SO Bethel (Minn.)	7.08	7.18	3	7.175
10	Colin Duellman	SR St. Thomas	7.24	7.21	1	
11	Nicholas Spann	SR St. Thomas	7.17	7.22	2	
12	Kaleb Keener	FR St. Thomas	7.12	7.24	1	
13	Jack Blaney	SR Gustavus Adolphus	7.29	7.26	1	
14	Randall Clintsman	JR St. John's (Minn.)	7.30	7.28	1	
15	Miracle Adebajo	JR Augsburg	7.33	7.29	2	
16	Harrison Grandgenett	FR St. Thomas	7.27	7.30	2	7.293
17	Matt Gish	FR St. John's (Minn.)	7.25	7.30	3	7.298
18	Sam Rosario	JR Augsburg	7.29	7.31	3	
19	Matthew Boone	SO Saint Mary's	7.31	7.33	3	
20	Jackson Devereaux	SO St. John's (Minn.)	7.27	7.39	2	
21	Kyle Stichman	SR Bethel (Minn.)	7.36	7.42	2	
22	Raul Varela	FR Bethel (Minn.)	7.39	7.43	3	
23	Remington Brisbois	SO Hamline	7.40	7.54	1	

Men 60 Meter Dash

=====						
MIAC Record: #		6.81	2018	Emmanuel Egbujor, Augsburg		
Name		Year	School	Prelims	Finals	
=====						
Finals						
1	Ryan Miller	SO	St. John's (Minn.)	6.96	6.96	
2	Drew Schoenbauer	SR	St. John's (Minn.)	6.94	6.99	6.981
3	Eric Douville	FR	St. Thomas	7.00	6.99	6.986
4	Kyle Lichttenegger	SR	Saint Mary's	7.11	7.02	
5	Bryan Richter	JR	Carleton	7.12	7.09	
6	Nic Jones	FR	Bethel (Minn.)	7.17	7.13	
7	Conor White	SR	St. Thomas	7.08	7.14	
8	Jack Young	FR	St. John's (Minn.)	7.18	7.20	

Men 200 Meter Dash

=====					
MIAC Record: # 21.96		2009	Joe DeFrance, St. Thomas		
Name	Year	School	Seed	Finals	H#
=====					
1 Drew Schoenbauer	SR	St. John's (Minn.)	22.52	22.19	4
2 Eric Douville	FR	St. Thomas	22.67	22.45	4
3 Omavi Collison	FR	St. John's (Minn.)	23.03	22.52	2
4 Cal Wright	FR	Concordia-Moorhead	22.55	22.54	4
5 Malachi Lossow	SO	Bethel (Minn.)	23.06	22.55	1

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men 200 Meter Dash

6	Kyle Lichttenegger	SR	Saint Mary's	23.04	22.60	2	
7	Ryan Miller	SO	St. John's (Minn.)	22.86	22.74	3	22.733
8	Ben Schwartz	JR	Carleton	22.79	22.74	3	22.740
9	Jack Young	FR	St. John's (Minn.)	22.81	22.82	3	
10	Bryan Richter	JR	Carleton	23.12	22.83	1	
11	Nolan Metz	FR	Bethel (Minn.)	22.89	23.24	2	
12	Zach Kulstad	SO	Carleton	23.08	23.29	1	
13	Jack Blaney	SR	Gustavus Adolphus	23.77	23.31	1	
14	Miracle Adebajo	JR	Augsburg	23.79	23.34	4	
15	Matthew Boone	SO	Saint Mary's	23.24	23.46	4	
16	Matt Gish	FR	St. John's (Minn.)	23.64	23.66	2	
17	Seth Cattoor	FR	St. John's (Minn.)	23.63	23.69	3	
18	Matthew Montplaisir	JR	Gustavus Adolphus	23.93	23.70	1	
19	Tom Whiting	JR	Concordia-Moorhead	23.90	24.01	2	
20	Harrison Grandgenett	FR	St. Thomas	24.32	24.24	2	24.237
21	Micah Smith	FR	Bethel (Minn.)	23.89	24.24	3	24.238
22	Trokon Karngar	FR	Bethel (Minn.)	24.35	24.46	1	
23	Remington Brisbois	SO	Hamline	24.15	24.67	4	

Men 400 Meter Dash

MIAC Record: # 48.78 2004		Matt Shannon, Augsburg				
Name	Year	School	Seed	Finals	H#	
1	Carl Klamm	SR	Bethel (Minn.)	49.50	49.07	3
2	Shawn Monroe	JR	Bethel (Minn.)	50.53	49.95	3
3	Isaac Erickson	JR	Bethel (Minn.)	50.34	49.97	3
4	Cal Wright	FR	Concordia-Moorhead	50.25	50.34	3
5	Nolan Metz	FR	Bethel (Minn.)	50.90	50.46	2
6	Omavi Collison	FR	St. John's (Minn.)	50.64	50.67	2
7	Mason Thedens	FR	St. Thomas	51.05	50.92	2
8	Zach Kulstad	SO	Carleton	51.54	51.02	1
9	Joshua Prater	JR	St. Thomas	51.76	51.29	1
10	Ben Sorenson	JR	Hamline	51.57	51.32	1
11	Brandon Loverude	SO	Bethel (Minn.)	51.82	51.55	3
12	David Palmer	JR	Macalester	51.43	51.65	1
13	Keegan Greaney	SO	Macalester	52.02	51.67	3
14	Brady Labine	SO	St. John's (Minn.)	50.59	52.22	2
15	Tyler Johnson	SO	St. John's (Minn.)	52.16	52.52	2
16	Micah Smith	FR	Bethel (Minn.)	53.42	52.59	1
17	Jack Schugel	SR	Gustavus Adolphus	53.12	53.12	2
18	Ben Frederickson	SR	St. John's (Minn.)	53.39	53.94	1

Men 600 Meter Run

MIAC Record: # 1:20.19		2017	Carl Klamm, Bethel (Minn		
Name	Year	School	Seed	Finals	H#
=====					
1	Carl Klamm	SR Bethel (Minn.)	1:23.03	1:20.36	3
2	Joey Cook-Gallardo	JR Carleton	1:22.81	1:21.94	3
3	Brian Carl	SO St. Thomas	1:22.84	1:22.02	3
4	Noah Johnson	FR Gustavus Adolphus	1:23.90	1:23.35	2
5	David Palmer	JR Macalester	1:23.13	1:23.84	3 1:23.835
6	Keegan Greaney	SO Macalester	1:24.71	1:23.84	2 1:23.839

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men 600 Meter Run

7	Cooper Hitt	FR	Bethel (Minn.)	1:25.15	1:24.05	2
8	Brady Labine	SO	St. John's (Minn.)	1:23.23	1:24.38	3
9	Nick Brusilow	SO	Carleton	1:26.55	1:24.76	1
10	Dan Wilson	FR	Concordia-Moorhead	1:27.85	1:25.16	1
11	Zach Herman	JR	St. Olaf	1:26.59	1:25.29	1
12	Max Bauer	SR	Gustavus Adolphus	1:26.82	1:25.56	1
13	Spencer Grant	SR	Macalester	1:26.78	1:25.58	1
14	Benjamin Scott	JR	St. Olaf	1:24.47	1:25.95	2
15	Ben Borash	JR	Saint Mary's	1:26.34	1:26.43	2
16	Mason Thedens	FR	St. Thomas	1:23.42	1:26.65	3
17	Landon Javens	FR	St. Thomas	1:26.74	1:26.82	1

Men 800 Meter Run

Comp# 1-3 in Alley 1; #4-5 in Alley 2; 6-7 in Alley 3

MIAC Record: # 1:52.54 2010 Max Hanson, Gustavus

Name	Year	School	Seed	Finals	H#
1 Carl Kozlowski	SO	St. Thomas	1:54.52	1:55.04	3
2 Jesse Middendorf	FR	Concordia-Moorhead	1:57.71	1:56.73	3
3 Joey Cook-Gallardo	JR	Carleton	1:58.11	1:56.74	3
4 Noah Johnson	FR	Gustavus Adolphus	1:58.82	1:57.68	3
5 Kevin Lamb	SR	St. John's (Minn.)	1:59.27	1:58.21	3
6 Ben Roen	SO	Hamline	1:58.17	1:58.24	3
7 Evan Hatton	SR	Bethel (Minn.)	1:58.71	1:58.62	3
8 Ezekiel Lelinga	SO	Bethel (Minn.)	1:59.31	1:59.05	2
9 Spencer Grant	SR	Macalester	2:00.70	2:00.00	2
10 Jack Osborne	FR	St. Thomas	2:01.84	2:00.85	2
11 Connor Haugrud	SO	Concordia-Moorhead	2:03.66	2:01.65	2
12 Peter Aehl	JR	St. Olaf	2:04.06	2:02.54	2
13 Luke Malek	FR	St. Olaf	2:04.12	2:02.96	2
14 Aidan Tollefson	SR	Bethel (Minn.)	2:05.09	2:04.34	1
15 Tony Smith	JR	St. Thomas	2:05.91	2:04.53	1
16 Gabe Segura	SO	Bethel (Minn.)	2:05.82	2:05.53	1
17 Spencer McNall	FR	Macalester	2:04.99	2:05.63	1
18 Bailey LaChance	SR	St. Thomas	2:04.59	2:05.74	1
19 Ryan Houseman	SO	St. John's (Minn.)	2:05.86	2:06.22	1
20 Nick Olfert	FR	Gustavus Adolphus	2:04.48	2:07.74	1
21 Samuel Karlson	SR	St. Thomas	2:00.64	2:10.46	2

Men 1000 Meter Run

Comp. 1-3 in Alley 1; 4-6 in Alley 2; 7-8 in Alley 3

2nd Sect. at 3:40

MIAC Record: # 2:26.02 2017 Donson Cook-Gallardo, Carleton

Name	Year	School	Seed	Finals	H#
1 Carl Kozlowski	SO	St. Thomas	2:28.95	2:28.59	3
2 Sean Lonergan	JR	St. Olaf	2:30.36	2:28.73	3
3 Lucas Mueller	SO	Carleton	2:29.39	2:29.01	3
4 Frank Gustafson	JR	Hamline	2:31.98	2:29.50	3
5 Evan Hatton	SR	Bethel (Minn.)	2:31.74	2:33.09	3
6 Kevin Lamb	SR	St. John's (Minn.)	2:34.38	2:33.59	3
7 Ezekiel Lelinga	SO	Bethel (Minn.)	2:36.68	2:33.99	2

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men 1000 Meter Run

8	Jesse Middendorf	FR	Concordia-Moorhead	2:37.28	2:34.73	2
9	Ben Roen	SO	Hamline	2:37.73	2:36.17	2
10	Stephen Lavey	FR	Carleton	2:38.14	2:38.10	2
11	Ben Santos	FR	Carleton	2:40.76	2:38.24	1
12	Connor Haugrud	SO	Concordia-Moorhead	2:40.66	2:38.32	1
13	William Anderson	SR	St. Olaf	2:35.69	2:38.37	3
14	Justin Brecheisen	SR	Bethel (Minn.)	2:40.91	2:39.18	1
15	Erik Sworski	SO	St. Thomas	2:39.04	2:39.39	2
16	Bridger Pavelka	JR	Gustavus Adolphus	2:40.42	2:39.71	1
17	Josh Willard	SO	St. Thomas	2:40.13	2:40.06	1
18	Seth Jackson	SO	St. John's (Minn.)	2:40.52	2:40.43	1
19	Justus Fast	FR	St. John's (Minn.)	2:38.14	2:41.54	2
20	Sam Primozych	SO	St. Olaf	2:36.39	2:41.68	3
21	Bridger Rives	FR	Carleton	2:40.39	2:42.45	1
22	Chase Graff	JR	St. Thomas	2:39.75	2:42.75	2
23	Aric Brodie	FR	Hamline	2:39.97	2:44.33	1

Men 1 Mile Run

Waterfall Start

MIAC Record: # 4:11.94 2014 Grant Wintheiser, St. Olaf

Name	Year	School	Seed	Finals	H#
1 Lucas Mueller	SO	Carleton	4:14.62	4:12.82	3
2 Karl Wachter	JR	St. Thomas	4:16.08	4:16.77	3
3 Frank Gustafson	JR	Hamline	4:18.80	4:17.74	3
4 Sean Lonergan	JR	St. Olaf	4:23.76	4:21.16	3
5 Parker Rosenau	FR	St. Thomas	4:24.78	4:21.95	3
6 Mohamed Salad	FR	Augsburg	4:33.62	4:27.39	2
7 Evan David	SO	Carleton	4:33.32	4:29.31	2
8 Bridger Pavelka	JR	Gustavus Adolphus	4:29.55	4:29.57	2
9 Biel Wiel	FR	St. Thomas	4:22.85	4:29.62	3
10 Ben Perry	FR	Carleton	4:33.09	4:29.63	2
11 Liam Getzloff	SR	St. Olaf	4:33.31	4:31.10	2
12 Ben Santos	FR	Carleton	4:28.03	4:31.16	3
13 Elliott Cassidy	FR	St. Olaf	4:34.82	4:31.45	2
14 Stephen Lavey	FR	Carleton	4:30.92	4:34.09	2
15 Collin Kiley	JR	St. Thomas	4:35.90	4:34.70	1
16 Owen Wright	JR	St. Olaf	4:33.65	4:35.78	2
17 Justin Brecheisen	SR	Bethel (Minn.)	4:34.98	4:36.04	1
18 Andrew Wischnack	JR	Gustavus Adolphus	4:36.14	4:37.82	1
19 William Anderson	SR	St. Olaf	4:20.49	4:38.59	3
20 Jake Lepak	JR	Macalester	4:28.47	4:38.85	2
21 Josh Willard	SO	St. Thomas	4:39.07	4:39.53	1
22 Jacob Czech	SO	St. John's (Minn.)	4:40.76	4:39.57	1
23 Tanner Moris	SO	Saint Mary's	4:44.62	4:39.77	1
24 Nathan Scruggs	SO	Gustavus Adolphus	4:43.23	4:39.87	1
25 Clay Tydings	SO	Carleton	4:40.80	4:40.26	1
26 Reuben Kosche	FR	St. Olaf	4:25.97	4:51.21	3
27 Michael Kraimer	FR	Concordia-Moorhead	4:43.44	4:53.85	1

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

Men 3000 Meter Run

=====

Athletes 1-12 in 1st row. Athletes 13-15 in 2nd row.

2nd Sect. at 3:25p.m.

MIAC Record: # 8:19.65 2016 Jake Campbell, St. Olaf

Name	Year School	Seed	Finals	H#
=====				
1 Lucas Mueller	SO Carleton	8:22.74	8:26.88	2
2 Karl Wachter	JR St. Thomas	8:34.77	8:30.20	2
3 Matthew Wilkinson	SO Carleton	8:38.48	8:33.68	2
4 Andy Barnhart	JR Bethel (Minn.)	8:47.35	8:35.56	2
5 Christopher Brenk	JR St. Olaf	8:53.09	8:39.05	2
6 Tris Dodge	SR Carleton	8:35.97	8:39.47	2
7 Biel Wiel	FR St. Thomas	8:51.15	8:39.61	2
8 Cameron Meikle	JR Carleton	8:49.14	8:45.68	2
9 Elliot Kadrofske	JR St. Olaf	8:47.48	8:47.93	2
10 Alex Wischnack	SR Gustavus Adolphus	8:51.66	8:48.93	2
11 Thomas Lerdall	SR St. Olaf	8:44.11	8:49.57	2
12 Ike Mendel	FR Bethel (Minn.)	8:59.28	8:54.12	1
13 James Doherty	SR Macalester	8:57.55	8:54.32	2
14 Parker Rosenau	FR St. Thomas	9:09.98	8:55.36	1
15 Kyle Mehrhof	SR Hamline	8:56.37	8:55.95	2
16 Justin Furcich	SR St. Olaf	8:45.26	8:56.14	2
17 George McGivern	JR St. Thomas	9:05.08	8:56.87	1
18 Eric Wicklund	JR Concordia-Moorhead	8:58.74	8:59.13	2
19 Andrew Plumb	SR St. Olaf	8:58.94	8:59.77	1
20 Nick Kerbeshian	SO Gustavus Adolphus	9:07.82	9:02.61	1
21 Collin Kiley	JR St. Thomas	9:11.38	9:04.55	1
22 Anders Rasmussen	SR Bethel (Minn.)	9:08.18	9:05.76	1
23 Adam Nakasaka	FR Carleton	9:03.52	9:07.91	1
24 Garet Grant	FR Gustavus Adolphus	9:08.23	9:09.01	1
25 Adrian Johnson	SO Macalester	9:05.10	9:10.07	1
26 Jonah Herzog	SO St. Olaf	9:12.93	9:12.74	1
27 Evan David	SO Carleton	8:59.17	9:15.46	1
28 Dan Allen	SR St. John's (Minn.)	9:06.97	9:16.02	1
-- James Mathison	SR St. John's (Minn.)	9:04.62	DNF	1

Men 5000 Meter Run

=====

Athletes 1-12 in 1st row, 13-18 in 2nd row.

MIAC Record: # 14:26.70 1983 Nick Manciu, St. Thomas

Name	Year School	Seed	Finals
=====			
1 Matthew Wilkinson	SO Carleton	15:03.60	14:38.93
2 Tris Dodge	SR Carleton	14:57.77	14:52.58
3 Thomas Lerdall	SR St. Olaf	14:56.20	14:52.67
4 Elliot Kadrofske	JR St. Olaf	15:16.37	15:07.31
5 Andrew Stumbo	SO Gustavus Adolphus	15:49.00	15:10.21
6 James Mathison	SR St. John's (Minn.)	15:22.74	15:14.72
7 George McGivern	JR St. Thomas	15:33.74	15:16.70
8 Cameron Meikle	JR Carleton	15:09.87	15:19.63
9 Christopher Brenk	JR St. Olaf	15:33.39	15:39.88
10 Eric Wicklund	JR Concordia-Moorhead	15:48.08	15:43.68
11 Garet Grant	FR Gustavus Adolphus	15:49.07	15:44.93
12 Kyle Mehrhof	SR Hamline	15:45.05	15:45.98
13 Jonah Herzog	SO St. Olaf	15:54.71	15:46.02

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men 5000 Meter Run

14 Noah Kneeskern	SO Concordia-Moorhead	15:59.17	15:56.81
15 Keenan Ronayne	SR Carleton	15:57.13	15:58.14
16 Tyler Bethke	SR Bethel (Minn.)	15:56.50	16:04.37
17 Andrew Plumb	SR St. Olaf	15:43.44	16:06.74
18 Matt Payne	FR Gustavus Adolphus	15:56.14	16:24.81

Men 60 Meter Hurdles**8 Advance: Top 1 Each Heat plus Next 5 Best Times**

MIAC Record: #	8.14	2/22/2019	Taylor Rooney, Gustavus Ado		
Name	Year	School	Seed	Prelims	H#

Preliminaries

1 Taylor Rooney	SO Gustavus Adolphus	8.14	# 8.14Q	2
2 Erik Anderson	FR St. Thomas	8.53	8.53Q	1
3 Max Martin	SR St. John's (Minn.)	8.51	8.71Q	3
4 Willie Julkes	JR Concordia-Moorhead	9.22	8.74q	3
5 Dylan Olson	SR Hamline	8.87	8.75q	2
6 Jonah Schoenfelder	JR St. Thomas	8.80	8.88q	2 8.874
7 Austin Coates	JR St. Thomas	8.60	8.88q	1 8.876
8 Joel Smith	FR Bethel (Minn.)	8.72	8.90q	3
9 Benjamin Scott	JR St. Olaf	8.93	8.99	1
10 Drew Probst	FR St. Thomas	9.02	9.21	3
11 Danny Welshons	FR St. John's (Minn.)	9.04	9.22	2
12 Brady Thompson	FR Macalester	9.24	9.24	1
13 Ben Nelson	FR St. Thomas	9.51	9.36	2 9.355
13 Tyler Adler	SO St. Thomas	8.96	9.36	1 9.355
15 Jake Probst	SR Concordia-Moorhead	9.40	9.38	3
16 Jett Hutton-Lau	FR Bethel (Minn.)	9.49	9.64	2
17 McKail Hertzog	SO Hamline	9.26	9.67	1
18 Joel Peterson	FR Hamline	10.08	9.92	3
19 Brendan Baker	JR St. John's (Minn.)	10.50	10.43	1
20 Kevyn Perkins	FR St. Thomas	9.14	11.73	2

Men 60 Meter Hurdles

MIAC Record: #	8.14	2/22/2019	Taylor Rooney, Gustavus Ado		
Name	Year	School	Prelims	Finals	

Finals

1 Taylor Rooney	SO Gustavus Adolphus	8.14	8.19
2 Max Martin	SR St. John's (Minn.)	8.71	8.56
3 Erik Anderson	FR St. Thomas	8.53	8.58
4 Joel Smith	FR Bethel (Minn.)	8.90	8.72
5 Willie Julkes	JR Concordia-Moorhead	8.74	8.74
6 Austin Coates	JR St. Thomas	8.88	8.76
7 Jonah Schoenfelder	JR St. Thomas	8.88	8.82
8 Dylan Olson	SR Hamline	8.75	8.85

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

Men 4x200 Meter Relay

MIAC Record: # 1:27.87 2000 St. Thomas
 Stahly, Hall, Heckman, Cress

School	Seed	Finals	H#
1 St. John's (Minn.)	1:31.35	1:29.06	2
1) Drew Schoenbauer SR	2) Max Martin SR		
3) Jack Young FR	4) Ryan Miller SO		
2 Bethel (Minn.)	1:31.13	1:29.44	3
1) Malachi Lossow SO	2) Brandon Loverude SO		
3) Nic Jones FR	4) Isaac Erickson JR		
3 Carleton	1:31.29	1:30.39	3
1) Liam Sullivan JR	2) Zach Kulstad SO		
3) Bryan Richter JR	4) Ben Schwartz JR		
4 Gustavus Adolphus	1:39.93	1:31.54	1
1) Jack Blaney SR	2) Alexander DuMoulin FR		
3) Matthew Montplaisir JR	4) Wyatt Quiring FR		
5 Concordia-Moorhead	1:34.35	1:31.61	1
1) Tom Whiting JR	2) Cal Wright FR		
3) Hayden Gagnon FR	4) Jake Svenby FR		
6 Saint Mary's (Minn.)	1:34.48	1:31.63	1
1) Kyle Lichttenegger SR	2) Matthew Boone SO		
3) Andrew Allemann SR	4) Desmond Steward SR		
7 Hamline	1:33.45	1:32.65	2
1) Ben Sorenson JR	2) Remington Brisbois SO		
3) Harrison Jones SR	4) Alberto Mendez SR		
8 St. Olaf	1:35.29	1:35.44	2
1) Adam Kaiser SR	2) Duncan Forbes FR		
3) Aidan Checkett FR	4) Derrick Lincoln FR		
9 Augsburg	1:38.77	1:35.59	2
1) Evan Bergemann FR	2) Alex Pruitt SO		
3) Parker Blake FR	4) Miracle Adebajo JR		
10 Macalester	1:36.31	1:36.69	1
1) Ryan Kinnucan FR	2) Brady Thompson FR		
3) Alex Shevchenko FR	4) J.J. Arimi SO		
-- St. Thomas	1:34.81	DQ	3 received out zone2-3
1) Eric Douville FR	2) Jonah Schoenfelder JR		
3) Joshua Prater JR	4) Mason Thedens FR		

Men 4x400 Meter Relay

MIAC Record: # 3:18.99 2010 Bethel
 Ferda, LeMay, Schlegal, Rhode

School	Seed	Finals	H#
1 Bethel (Minn.)	3:18.98	3:20.52	2
1) Shawn Monroe JR	2) Joel Smith FR		
3) Nolan Metz FR	4) Isaac Erickson JR		
2 St. John's (Minn.)	3:26.48	3:23.65	2
1) Omavi Collison FR	2) Tyler Johnson SO		
3) Jackson Devereaux SO	4) David Russell SO		
3 Concordia-Moorhead	3:27.03	3:24.06	2
1) Cal Wright FR	2) Jesse Middendorf FR		
3) Jake Svenby FR	4) Hayden Gagnon FR		
4 Carleton	3:25.96	3:26.43	2

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men 4x400 Meter Relay

1) Bryan Richter JR	2) Zach Kulstad SO			
3) Ben Schwartz JR	4) Joey Cook-Gallardo JR			
5 Gustavus Adolphus	3:31.75	3:27.25	1	
1) Noah Johnson FR	2) Ben Madigan JR			
3) Jack Schugel SR	4) Wyatt Quiring FR			
6 Macalester	3:28.60	3:27.26	1	
1) Keegan Greaney SO	2) Edwin Reyes Herrera JR			
3) Ryan Kinnucan FR	4) David Palmer JR			
7 St. Thomas	3:26.34	3:27.85	2	
1) Mason Thedens FR	2) Jonah Schoenfelder JR			
3) Brian Carl SO	4) Joshua Prater JR			
8 St. Olaf	3:27.18	3:28.53	1	
1) Benjamin Scott JR	2) Duncan Forbes FR			
3) Stephen Peper FR	4) Sean Lonergan JR			
9 Hamline	3:29.53	3:33.37	1	
1) Alberto Mendez SR	2) Harrison Jones SR			
3) Christian Velishek FR	4) Ben Roen SO			

Men Distance Medley

MIAC Record: # 10:15.58		2017	Carleton	
		W Edstrom, M Hicks, C Sikes, D Cook-Gallardo		
School		Seed	Finals	
=====				
1 Carleton				10:25.53
1) Adam Nakasaka FR		2) Nick Brusilow SO		
3) Bridger Rives FR		4) Lucas Mueller SO		
2 Bethel (Minn.)		11:27.36		10:30.47
1) Andy Barnhart JR		2) Joel Smith FR		
3) Cooper Hitt FR		4) Ike Mendel FR		
3 St. Olaf				10:36.59
1) Sam Primozich SO		2) Benjamin Scott JR		
3) Zach Herman JR		4) Justin Furcich SR		
4 Hamline				10:39.51
1) Aric Brodie FR		2) Alberto Mendez SR		
3) Matt Lorah SO		4) Frank Gustafson JR		
5 Gustavus Adolphus				10:44.20
1) Nick Kerbeshian SO		2) Wyatt Quiring FR		
3) Ben Madigan JR		4) Alex Wischnack SR		
6 St. John's (Minn.)				10:47.53
1) Justus Fast FR		2) David Russell SO		
3) Christopher Stanek SO		4) Seth Jackson SO		
7 Macalester				10:47.54
1) Edwin Reyes Herrera JR		2) Brett Hunsanger FR		
3) Chris Boranian SR		4) Fred Kerr FR		
8 St. Thomas				10:50.36
1) Erik Sworski SO		2) Jonah Schoenfelder JR		
3) Landon Javens FR		4) Chase Graff JR		
9 Saint Mary's (Minn.)				10:51.40
1) Jordan Malikowski SO		2) Andrew Allemann SR		
3) Ben Borash JR		4) Isaiah Olsem SO		
10 Concordia-Moorhead				11:01.90
1) Munir Isahak SO		2) Jake Svenby FR		
3) Justin Kringler FR		4) Nolan Christenson FR		

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men Distance Medley

11 Augsburg	11:22.36
1) Mohamed Salad FR	2) Parker Blake FR
3) Jackson Gerber JR	4) Greg Miller SO

Men High Jump

Name	Year School	Seed	Finals
=====			
MIAC Record: # 2.17m 1995	Kenneth Hoffmann, St. Olaf		
1 Taylor Rooney	SO Gustavus Adolphus	2.00m	1.98m 6-06.00
1.75 1.80 1.85 1.90 1.95 1.98 2.09			
P P P O O XO XXX			
2 Andrew Smith	SR Macalester	2.00m	1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 1.98			
P P P O XO XXX			
2 Stephen Peper	FR St. Olaf	1.91m	1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 1.98			
P O O O XO XXX			
4 Christian Velishek	FR Hamline	2.00m	J1.95m 6-04.75
1.75 1.80 1.85 1.90 1.95 1.98			
P P O O XXO XXX			
5 Christian Beamer	SO Saint Mary's	1.95m	1.90m 6-02.75
1.75 1.80 1.85 1.90 1.95			
P O XO XXO XXX			
6 Zach Kulstad	SO Carleton	1.88m	J1.90m 6-02.75
1.75 1.80 1.85 1.90 1.95			
O XO XO XXO XXX			
7 Noah Steward	FR St. Thomas	1.86m	1.85m 6-00.75
1.75 1.80 1.85 1.90			
O O XO XXX			
8 Jarick Rieffer	SO Hamline	1.79m	J1.85m 6-00.75
1.75 1.80 1.85 1.90			
O XO XO XXX			
8 Hayden Gagnon	FR Concordia-Moorhead	1.85m	J1.85m 6-00.75
1.75 1.80 1.85 1.90			
O XO XO XXX			
10 Sam Rademacher	FR St. John's (Minn.)	1.79m	1.80m 5-10.75
1.75 1.80 1.85			
O O XXX			
10 Conor White	SR St. Thomas	1.86m	1.80m 5-10.75
1.75 1.80 1.85			
P O XXX			
12 Alex Bailey	SO Augsburg	1.83m	J1.80m 5-10.75
1.75 1.80 1.85			
XO O XXX			
13 Kyle Lichttenegger	SR Saint Mary's	1.83m	J1.80m 5-10.75
1.75 1.80 1.85			
P XO XXX			
14 Joe Anyasike	FR St. John's (Minn.)	1.83m	1.75m 5-08.75
1.75 1.80			
O XXX			
-- Drew Probst	FR St. Thomas	1.85m	NH
1.75			
XXX			

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men High Jump

-- Hunter Westman	FR St. John's (Minn.)	1.79m	NH
1.75			
XXX			
-- Bill Lichliter	JR St. Thomas	1.86m	NH
1.75 1.80			
P XXX			

Men Pole Vault

MIAC Record: # 4.96m 2007										Matt Schroeder, St. Thomas		
Name	Year School					Seed	Finals					
=====												
1 Aidan Ritzenthaler	JR St. Thomas					4.29m	4.42m	14-06.00				
3.57 3.72 3.87 4.02 4.17	4.32 4.42 4.52											
P P P P P	O O XXX											
2 Sam Haley	SR Concordia-Moorhead					4.25m	J4.42m	14-06.00				
3.57 3.72 3.87 4.02 4.17	4.32 4.42 4.52											
P P O O XO	O XO XXX											
3 David Kemper	SR Saint Mary's					4.61m	4.32m	14-02.00				
3.57 3.72 3.87 4.02 4.17	4.32 4.42											
P P P P P	O XXX											
4 Michael Bury	JR St. Thomas					4.20m	J4.32m	14-02.00				
3.57 3.72 3.87 4.02 4.17	4.32 4.42											
P P P O XO	XO XXX											
5 Wyatt Amdahl	FR St. Thomas					4.31m	4.17m	13-08.25				
3.57 3.72 3.87 4.02 4.17	4.32											
P P P O O	XXX											
5 George Howe	SR Macalester					4.16m	4.17m	13-08.25				
3.57 3.72 3.87 4.02 4.17	4.32											
P P O O O	XXX											
7 Eli Knutson	SR St. Olaf					4.00m	J4.17m	13-08.25				
3.57 3.72 3.87 4.02 4.17	4.32											
P P O XO O	XXX											
8 Adam Ridders	JR St. Thomas					4.20m	4.02m	13-02.25				
3.57 3.72 3.87 4.02 4.17												
P P O O XXX												
8 Owen Schuster	FR Carleton					3.99m	4.02m	13-02.25				
3.57 3.72 3.87 4.02 4.17												
P O O O XXX												
10 Cale Bordson	FR St. Thomas					3.84m	J4.02m	13-02.25				
3.57 3.72 3.87 4.02 4.17												
P XXO O O XXX												
11 Boston Knighton-Johnson	SR Bethel (Minn.)					4.20m	J4.02m	13-02.25				
3.57 3.72 3.87 4.02 4.17												
P P P XO XXX												
12 Tyler Cullen	FR St. Thomas					4.14m	J4.02m	13-02.25				
3.57 3.72 3.87 4.02 4.17												
P P O XXO XXX												
13 Bryar Topo	SO St. John's (Minn.)					3.68m	3.87m	12-08.25				
3.57 3.72 3.87 4.02												
P XXO XO XXX												
14 Matthew Stack	FR Saint Mary's					3.91m	3.72m	12-02.50				
3.57 3.72 3.87												
XXO O XXX												

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men Pole Vault

15	Cole Guzman	JR Concordia-Moorhead	3.63m	J3.72m	12-02.50
	3.57 3.72 3.87				
	XO XXO XXX				
16	Abe Schegel	FR Bethel (Minn.)	3.54m	3.57m	11-08.50
	3.57 3.72				
	O XXX				
--	Nelson Finne	SR Gustavus Adolphus	3.68m	NH	
	3.57				
	XXX				
--	Luke Hulshizer	JR Hamline	3.70m	NH	
	3.57 3.72 3.87				
	P P XXX				

Men Long Jump

MIAC Record: # 7.38m 1994 Leonard Jones, St. Thomas						
Name	Year	School	Seed	Finals		H#
1	Conor White	SR St. Thomas	7.10m	7.21m	23-08.00	2
	FOUL 7.03m 6.96m 7.14m 7.06m 7.21m					
2	Nicholas Spann	SR St. Thomas	7.00m	7.06m	23-02.00	2
	6.81m FOUL 4.77m FOUL 6.97m 7.06m					
3	Desmond Steward	SR Saint Mary's	6.86m	6.69m	21-11.50	1
	5.98m 6.35m 6.68m FOUL 6.69m FOUL					
4	J.J. Arimi	SO Macalester	6.70m	6.54m	21-05.50	2
	6.54m 6.44m 6.49m 6.53m 6.34m 6.29m					
5	Bill Lichliter	JR St. Thomas	6.60m	J6.54m	21-05.50	2
	6.39m 6.38m FOUL FOUL 6.51m 6.54m					
6	Jake Kelly	SO St. Thomas	6.59m	6.48m	21-03.25	1
	6.48m 6.35m PASS PASS PASS PASS					
7	Alexander DuMoulin	FR Gustavus Adolphus	6.65m	6.47m	21-02.75	2
	6.37m 6.43m 6.47m 5.89m 6.01m 6.17m					
8	Michael Wallace	FR St. John's (Minn.)	6.40m	6.45m	21-02.00	1
	6.45m 6.07m 5.87m FOUL 6.25m 6.10m					
9	Christian Velishek	FR Hamline	6.48m	6.43m	21-01.25	1
	6.43m PASS PASS PASS PASS PASS					
10	Adam Ridders	JR St. Thomas	6.54m	6.36m	20-10.50	2
	5.87m 6.16m 6.36m					
11	Nic Jones	FR Bethel (Minn.)	6.17m	6.35m	20-10.00	1
	FOUL 6.35m 6.31m					
12	Kyle Lichttenegger	SR Saint Mary's	6.69m	6.33m	20-09.25	2
	FOUL 6.11m 6.33m					
13	Peter Keel	JR Carleton	6.69m	6.29m	20-07.75	2
	FOUL 6.29m 6.28m					
14	Matthew Montplaisir	JR Gustavus Adolphus	6.13m	6.26m	20-06.50	1
	FOUL 6.26m FOUL					
15	Collin Trout	JR St. John's (Minn.)	6.31m	6.20m	20-04.25	2
	6.20m 4.47m FOUL					
16	Kaleb Keener	FR St. Thomas	6.35m	6.15m	20-02.25	1
	5.13m FOUL 6.15m					
17	Sean Bjork	FR Bethel (Minn.)	6.32m	6.13m	20-01.50	1
	6.12m 6.13m 6.09m					
18	Chris Frick	SR St. Olaf	6.17m	J6.13m	20-01.50	1
	5.72m 6.13m 5.88m					

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men Long Jump

19	Landon Mitteness	FR Augsburg	5.81m	5.94m	19-06.00	1
	FOUL 5.70m 5.94m					
20	Jake LePard	SO Concordia-Moorhead	5.84m	5.76m	18-10.75	2
	5.76m FOUL 5.09m					

Men Triple Jump

MIAC Record: # 15.26m 1993 Leonard Jones, St. Thomas						
Name	Year	School	Seed	Finals		H#
1 Nicholas Spann	SR	St. Thomas	12.97m	14.36m	47-01.50	1
	FOUL 13.66m FOUL 12.96m 14.12m 14.36m					
2 Collin Trout	JR	St. John's (Minn.)	13.56m	14.10m	46-03.25	2
	13.69m 13.34m 13.72m 13.76m 13.93m 14.10m					
3 Desmond Steward	SR	Saint Mary's	14.00m	14.07m	46-02.00	2
	14.00m FOUL 13.92m FOUL FOUL 14.07m					
4 Michael Wallace	FR	St. John's (Minn.)	13.75m	13.84m	45-05.00	1
	13.40m 13.37m 13.71m 13.52m 13.56m 13.84m					
5 Peter Keel	JR	Carleton	13.40m	13.75m	45-01.50	1
	FOUL FOUL 13.57m 13.75m FOUL FOUL					
6 Conor White	SR	St. Thomas	12.70m	13.68m	44-10.75	2
	FOUL FOUL 13.64m PASS 13.67m 13.68m					
7 Alexander DuMoulin	FR	Gustavus Adolphus	12.86m	13.55m	44-05.50	1
	13.55m 13.44m 13.05m 13.42m 13.20m FOUL					
8 Joshua Prater	JR	St. Thomas	13.25m	13.09m	42-11.50	1
	13.09m 13.02m 12.59m 12.63m 12.92m 12.94m					
9 Hunter Westman	FR	St. John's (Minn.)	12.47m	12.94m	42-05.50	1
	11.90m FOUL 12.94m 12.79m 12.44m FOUL					
10 Bill Lichliter	JR	St. Thomas	12.48m	12.88m	42-03.25	1
	FOUL 12.58m 12.88m					
11 John Klun	SR	St. Thomas	12.86m	12.87m	42-02.75	1
	12.36m 12.87m 12.72m					
12 Jake Probst	SR	Concordia-Moorhead	12.95m	12.57m	41-03.00	1
	12.55m 12.42m 12.57m					
13 Troy Ektnitphong	SR	Gustavus Adolphus	12.53m	12.51m	41-00.50	2
	12.51m 12.31m FOUL					
14 Stephen Peper	FR	St. Olaf	12.70m	12.32m	40-05.00	2
	12.17m 12.32m 12.29m					
15 Dean Marlin	JR	Saint Mary's	12.04m	12.23m	40-01.50	2
	FOUL FOUL 12.23m					
16 Adam Kaiser	SR	St. Olaf	12.48m	12.20m	40-00.50	2
	11.99m 12.20m FOUL					
17 Matthew Montplaisir	JR	Gustavus Adolphus	12.00m	12.10m	39-08.50	1
	12.00m 12.10m FOUL					
-- Yuren Pang	JR	Macalester	12.43m	FOUL		2
	FOUL FOUL FOUL					
-- Thomas Amberg	FR	Hamline	12.89m	FOUL		2
	FOUL FOUL PASS					

Men Weight Throw

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men Weight Throw

3	Michael Hensch	SR Gustavus Adolphus	18.42m	18.19m	59-08.25	2
	16.01m 16.66m 18.07m 17.91m 18.19m 18.17m					
4	Mitchell Maday	SR Hamline	17.64m	17.63m	57-10.25	2
	16.44m 17.63m FOUL 16.17m FOUL FOUL					
5	David Danhauer	SR St. Thomas	16.89m	16.50m	54-01.75	2
	16.50m 16.13m 16.16m 16.00m 16.01m FOUL					
6	Kai Barber	SO St. John's (Minn.)	16.15m	16.38m	53-09.00	2
	FOUL 15.27m 16.38m 16.09m FOUL FOUL					
7	Gage O'Brien	JR St. Thomas	16.16m	16.16m	53-00.25	2
	16.06m FOUL 16.01m 15.83m 16.16m FOUL					
8	Jake Steiner	SO Concordia-Moorhead	15.91m	15.66m	51-04.50	2
	FOUL 15.47m FOUL 15.66m FOUL FOUL					
9	Dylan Larson	JR Hamline	14.70m	15.65m	51-04.25	1
	15.56m 15.26m 14.97m 15.65m 15.51m 15.24m					
10	Ben Schelske	SO Concordia-Moorhead	15.00m	14.69m	48-02.50	2
	14.69m FOUL 13.84m					
11	Odera Onwualu	SO Bethel (Minn.)	14.64m	14.38m	47-02.25	1
	14.38m FOUL FOUL					
12	Gabe Irons	FR Bethel (Minn.)	13.52m	14.33m	47-00.25	1
	13.91m 14.33m 14.27m					
13	Wes Nelson	SR Bethel (Minn.)	14.35m	14.32m	46-11.75	1
	14.32m 13.84m 13.90m					
14	Garrett Prentis	SO St. Thomas	14.43m	14.28m	46-10.25	1
	11.90m 13.74m 14.28m					
15	Jay Hendrycks	SR Hamline	13.79m	14.01m	45-11.75	1
	13.90m 13.77m 14.01m					
16	Ryan Murphy	SO St. John's (Minn.)	13.48m	13.95m	45-09.25	1
	13.51m 13.94m 13.95m					
17	Kiefer Miller	JR Concordia-Moorhead	14.74m	13.91m	45-07.75	1
	FOUL 13.91m FOUL					
18	Parker Feuerborn	FR St. Thomas	15.07m	13.69m	44-11.00	2
	13.41m FOUL 13.69m					
19	Eli Mollet	FR St. John's (Minn.)	14.47m	13.17m	43-02.50	1
	FOUL 13.17m FOUL					
20	Ryan Reiter	SR St. John's (Minn.)	13.68m	12.46m	40-10.50	1
	FOUL FOUL 12.46m					

Heptathlon: #1 Men 60 Meter Dash Heptathlon

=====						
MIAC Record: # 7.24 2/21/2019 Jordan Johnson, St. Thomas						
Name	Year	School	Finals	H#	Points	
=====						
1 Jordan Johnson		JR St. Thomas	7.24#	3	799	
2 Liam Sullivan		JR Carleton	7.40	2	745	7.396
3 Tyler Adler		SO St. Thomas	7.40	3	745	7.397
4 Matt Bye		JR Concordia-Moorhead	7.46	3	726	7.453
5 Phil Donnelly		FR Carleton	7.46	2	726	7.459
6 Kyle Stichman		SR Bethel (Minn.)	7.47	3	723	7.461
7 Mack Maroushek		FR St. John's (Minn.)	7.47	2	723	7.465
8 Ryan Thompson		SO St. John's (Minn.)	7.48	3	719	
9 Drew Probst		FR St. Thomas	7.52	2	706	
10 Tyler Cullen		FR St. Thomas	7.60	3	681	7.592
11 Dan Wilson		FR Concordia-Moorhead	7.60	1	681	7.597
12 Lukas Walton		FR Bethel (Minn.)	7.60	2	681	7.600

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Heptathlon: #1 Men 60 Meter Dash Heptathlon

13 Nelson Finne	SR Gustavus Adolphus	7.61	1	678
14 Zach Paustian	SO Concordia-Moorhead	7.63	1	671
15 Chris Frick	SR St. Olaf	7.67	1	659
16 Eli Knutson	SR St. Olaf	7.72	1	643
17 Billy Retza	JR Macalester	7.85	2	604
18 Christian Beamer	SO Saint Mary's	7.92	1	583

Heptathlon: #7 Men 1000 Meter Run Heptathlon

1000m. will be reseeded following event 6: Pole Vault

MIAC Record: # 2:40.82 2/21/2019 Dan Wilson, Concordia-Mo

Name	Year School	Finals	Points
1 Dan Wilson	FR Concordia-Moorhead	2:40.82#	864
2 Lukas Walton	FR Bethel (Minn.)	2:44.60	823
3 Kyle Stichman	SR Bethel (Minn.)	2:50.05	765
4 Tyler Adler	SO St. Thomas	2:52.47	740
5 Nelson Finne	SR Gustavus Adolphus	2:53.22	732
6 Eli Knutson	SR St. Olaf	2:54.41	720
7 Chris Frick	SR St. Olaf	2:54.74	717
8 Ryan Thompson	SO St. John's (Minn.)	2:54.87	715
9 Jordan Johnson	JR St. Thomas	2:55.43	710
10 Matt Bye	JR Concordia-Moorhead	2:55.47	709
11 Drew Probst	FR St. Thomas	2:55.93	705
12 Liam Sullivan	JR Carleton	2:58.19	682
13 Billy Retza	JR Macalester	2:58.37	680
14 Phil Donnelly	FR Carleton	2:59.16	673
15 Tyler Cullen	FR St. Thomas	3:01.62	648
16 Christian Beamer	SO Saint Mary's	3:13.18	541
17 Mack Maroushek	FR St. John's (Minn.)	3:16.81	509
18 Zach Paustian	SO Concordia-Moorhead	3:18.61	493

Heptathlon: #5 Men 60 Meter Hurdles Heptathlon

MIAC Record: # 8.66 2/21/2019 Matt Bye, Concordia-Mo

Name	Year School	Finals	H#	Points
1 Matt Bye	JR Concordia-Moorhead	8.66#	6	823
2 Jordan Johnson	JR St. Thomas	8.67	5	820
3 Tyler Adler	SO St. Thomas	8.97	6	752
4 Drew Probst	FR St. Thomas	9.10	6	724
5 Ryan Thompson	SO St. John's (Minn.)	9.19	4	704
6 Lukas Walton	FR Bethel (Minn.)	9.20	5	702
7 Kyle Stichman	SR Bethel (Minn.)	9.28	4	685
8 Phil Donnelly	FR Carleton	9.39	5	662
9 Eli Knutson	SR St. Olaf	9.56	4	627
10 Nelson Finne	SR Gustavus Adolphus	9.58	3	623
11 Dan Wilson	FR Concordia-Moorhead	9.66	3	607
12 Liam Sullivan	JR Carleton	9.74	2	591
13 Billy Retza	JR Macalester	9.89	1	562
14 Tyler Cullen	FR St. Thomas	9.97	2	547
15 Chris Frick	SR St. Olaf	10.02	1	537
16 Christian Beamer	SO Saint Mary's	10.09	3	524
17 Mack Maroushek	FR St. John's (Minn.)	10.66	2	423

1	Christian Beamer					SO Saint Mary's					1.96m#		6-05.00		767				
	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93	1.96	1.99	
	P	P	P	P	P	P	P	P	O	P	O	P	XO	O	O	XO	XO	XXX	
2	Matt Bye					JR Concordia-Moorhead					1.90m		6-02.75		714				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87	1.90	1.93		
	P	P	P	P	P	P	P	P	P	O	O	O	O	O	XO	O	XXX		
3	Lukas Walton					FR Bethel (Minn.)					1.84m		6-00.50		661				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81	1.84	1.87				
	P	P	P	P	P	P	P	P	O	P	O	XO	XXO	O	XXX				
4	Nelson Finne					SR Gustavus Adolphus					1.78m		5-10.00		610				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78	1.81						
	P	P	P	P	P	P	O	O	XO	O	O	XXO	XXX						
5	Drew Probst					FR St. Thomas					1.75m		5-08.75		585				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75	1.78							
	P	P	P	P	P	P	XO	P	O	XO	O	XXX							
6	Jordan Johnson					JR St. Thomas					1.72m		5-07.75		560				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75								
	P	P	P	P	P	O	O	O	O	XXO	XXX								
6	Tyler Adler					SO St. Thomas					1.72m		5-07.75		560				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72	1.75								
	P	P	P	P	P	O	P	O	O	XXO	XXX								
8	Ryan Thompson					SO St. John's (Minn.)					1.69m		5-06.50		536				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72									
	P	P	P	O	P	O	O	O	O	XXX									
8	Phil Donnelly					FR Carleton					1.69m		5-06.50		536				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69	1.72									
	P	P	P	O	P	O	O	XO	XO	XXX									
0	Billy Retza					JR Macalester					1.66m		5-05.25		512				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69										
	P	O	O	O	XO	O	XXO	O	XXX										
0	Chris Frick					SR St. Olaf					1.66m		5-05.25		512				
	1.45	1.48	1.51	1.54	1.57	1.60	1.63	1.66	1.69										
	P	P	P	O	P	O	XXO	XO	XXX										
0	Eli Knutson					SR St. Olaf					1.66m		5-05.25		512				
	1.45	1.48	1.51																

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Heptathlon: #4 Men High Jump Heptathlon

16 Zach Paustian	SO Concordia-Moorhead	1.51m	4-11.50	396
1.45 1.48 1.51 1.54				
P P O XXX				
16 Kyle Stichman	SR Bethel (Minn.)	1.51m	4-11.50	396
1.45 1.48 1.51 1.54				
XO XXO O XXX				
18 Mack Maroushek	FR St. John's (Minn.)	1.45m	4-09.00	352
1.45 1.48				
O XXX				

Heptathlon: #6 Men Pole Vault Heptathlon

=====

MIAC Record: # 4.10m 2/21/2019 Tyler Cullen, St. Thomas

Name	Year School	Finals	Points
=====			
1 Tyler Cullen	FR St. Thomas	4.10m# 13-05.25	645
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00 4.10 4.20			
P P P P P P P P P P P P O P XO O XXX			
2 Matt Bye	JR Concordia-Moorhead	3.90m 12-09.50	590
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00			
P P P P P P P O P O P XO O XO XXX			
3 Eli Knutson	SR St. Olaf	3.80m 12-05.50	562
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90 4.00			
P P P P P P P P P P P O P XXX			
3 Nelson Finne	SR Gustavus Adolphus	3.80m 12-05.50	562
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
P P P P P P P P P O O O O XXX			
3 Tyler Adler	SO St. Thomas	3.80m 12-05.50	562
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80 3.90			
P P P P P O P O O XO O XO XO XXX			
6 Jordan Johnson	JR St. Thomas	3.70m 12-01.50	535
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80			
P P P P P O P O XO XXO XXO O XXX			
6 Phil Donnelly	FR Carleton	3.70m 12-01.50	535
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70 3.80			
P P P P O P P XO XXO O XXO O XXX			
8 Chris Frick	SR St. Olaf	3.60m 11-09.75	509
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60 3.70			
P P P P O P O XO XO O XO XXX			
9 Lukas Walton	FR Bethel (Minn.)	3.50m 11-05.75	482
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60			
P O O O O O O O XO XXO XXX			
9 Dan Wilson	FR Concordia-Moorhead	3.50m 11-05.75	482
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50 3.60			
P P O O P XO O XO O O XXX			
11 Zach Paustian	SO Concordia-Moorhead	3.40m 11-01.75	457
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40 3.50			
P P P P P P O O O XXX			
12 Christian Beamer	SO Saint Mary's	3.30m 10-10.00	431
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40			
P P O O XO O O XXO XXX			
12 Billy Retza	JR Macalester	3.30m 10-10.00	431
2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30 3.40			
O P O O O O XO XO XXX			

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Heptathlon: #6 Men Pole Vault Heptathlon

14	Liam Sullivan	JR Carleton	3.20m	10-06.00	406
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30				
	P P O P XO O XO XXX				
14	Kyle Stichman	SR Bethel (Minn.)	3.20m	10-06.00	406
	2.60 2.70 2.80 2.90 3.00 3.10 3.20 3.30				
	P P O P O XO XO XXX				
16	Mack Maroushek	FR St. John's (Minn.)	3.00m	9-10.00	357
	2.60 2.70 2.80 2.90 3.00 3.10				
	XO O XXO O XO XXX				
17	Drew Probst	FR St. Thomas	2.90m	9-06.25	333
	2.60 2.70 2.80 2.90 3.00				
	O O O XXO XXX				
17	Ryan Thompson	SO St. John's (Minn.)	2.90m	9-06.25	333
	2.60 2.70 2.80 2.90 3.00				
	P P XXO XO XXX				

Heptathlon: #2 Men Long Jump Heptathlon

=====					
MIAC Record: # 6.43m 2/21/2019 Matt Bye, Concordia-Mo					
	Name	Year School	Finals		Points
=====					
1	Matt Bye	JR Concordia-Moorhead	6.43m#	21-01.25	682
	FOUL FOUL 6.43m				
2	Kyle Stichman	SR Bethel (Minn.)	6.35m	20-10.00	664
	6.35m 6.11m 6.31m				
3	Jordan Johnson	JR St. Thomas	6.26m	20-06.50	644
	5.90m 6.26m 6.15m				
4	Chris Frick	SR St. Olaf	6.21m	20-04.50	632
	FOUL 5.72m 6.21m				
5	Lukas Walton	FR Bethel (Minn.)	6.18m	20-03.50	626
	6.18m FOUL 5.73m				
6	Ryan Thompson	SO St. John's (Minn.)	6.10m	20-00.25	608
	6.10m FOUL FOUL				
7	Tyler Adler	SO St. Thomas	6.04m	19-09.75	595
	6.04m 5.98m 5.90m				
8	Eli Knutson	SR St. Olaf	5.94m	19-06.00	574
	5.94m 5.72m 5.88m				
9	Phil Donnelly	FR Carleton	5.91m	19-04.75	567
	5.43m 5.41m 5.91m				
10	Nelson Finne	SR Gustavus Adolphus	5.82m	19-01.25	548
	5.77m 5.82m 5.76m				
11	Tyler Cullen	FR St. Thomas	5.75m	18-10.50	533
	FOUL 5.59m 5.75m				
12	Christian Beamer	SO Saint Mary's	5.69m	18-08.00	521
	5.69m 5.67m 5.37m				
13	Zach Paustian	SO Concordia-Moorhead	5.62m	18-05.25	506
	5.62m 5.59m 5.54m				
14	Dan Wilson	FR Concordia-Moorhead	5.56m	18-03.00	494
	5.54m 5.56m 5.51m				
15	Billy Retza	JR Macalester	5.55m	18-02.50	492
	FOUL 5.55m FOUL				
15	Liam Sullivan	JR Carleton	5.55m	18-02.50	492
	5.55m 5.35m 5.45m				

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Heptathlon: #2 Men Long Jump Heptathlon

17 Drew Probst	FR St. Thomas	5.25m	17-02.75	431
5.19m 5.25m FOUL				
18 Mack Maroushek	FR St. John's (Minn.)	5.21m	17-01.25	423
4.74m 5.21m 4.79m				

Heptathlon: #3 Men Shot Put Heptathlon

MIAC Record: # 12.10m 2/21/2019 Matt Bye, Concordia-Mo				
Name	Year School	Finals	Points	
1 Matt Bye	JR Concordia-Moorhead	12.10m#	39-08.50	612
12.10m FOUL 11.46m				
2 Jordan Johnson	JR St. Thomas	11.96m	39-03.00	604
11.96m FOUL FOUL				
3 Eli Knutson	SR St. Olaf	11.25m	36-11.00	561
FOUL 10.73m 11.25m				
4 Liam Sullivan	JR Carleton	10.90m	35-09.25	540
10.59m 10.90m 10.16m				
5 Ryan Thompson	SO St. John's (Minn.)	10.67m	35-00.25	526
10.02m 10.67m 10.26m				
6 Dan Wilson	FR Concordia-Moorhead	10.10m	33-01.75	492
9.82m 9.73m 10.10m				
7 Drew Probst	FR St. Thomas	10.06m	33-00.25	489
9.82m 10.06m 9.49m				
8 Kyle Stichman	SR Bethel (Minn.)	9.97m	32-08.50	484
9.97m 8.98m 9.29m				
9 Chris Frick	SR St. Olaf	9.89m	32-05.50	479
8.50m 9.89m 9.54m				
10 Tyler Cullen	FR St. Thomas	9.71m	31-10.25	468
9.62m 9.71m 9.42m				
11 Nelson Finne	SR Gustavus Adolphus	9.70m	31-10.00	468
FOUL 9.70m 9.63m				
12 Tyler Adler	SO St. Thomas	9.68m	31-09.25	466
9.68m FOUL FOUL				
13 Billy Retza	JR Macalester	9.61m	31-06.50	462
9.27m 9.30m 9.61m				
14 Lukas Walton	FR Bethel (Minn.)	8.99m	29-06.00	425
8.47m 8.99m 8.55m				
15 Zach Paustian	SO Concordia-Moorhead	8.95m	29-04.50	423
8.57m 8.95m 8.49m				
16 Phil Donnelly	FR Carleton	8.71m	28-07.00	408
8.71m 8.63m 7.60m				
17 Christian Beamer	SO Saint Mary's	8.29m	27-02.50	384
8.29m 7.81m 7.38m				
18 Mack Maroushek	FR St. John's (Minn.)	8.24m	27-00.50	381
6.76m 7.47m 8.24m				

Men Heptathlon

MIAC Record: # 5088 2014 Cameron Clause, Gustavus				
Name	Year School	Seed	Finals	H#
1 Matt Bye	JR Concordia-Moorhead		4856	
2 Jordan Johnson	JR St. Thomas		4672	

MIAC Indoor Championships
St. Olaf College
Tostrud Center - 2/21/2019 to 2/23/2019
Results

....Men Heptathlon

3	Tyler Adler	SO St. Thomas	4420
4	Lukas Walton	FR Bethel (Minn.)	4400
5	Nelson Finne	SR Gustavus Adolphus	4221
6	Eli Knutson	SR St. Olaf	4199
7	Ryan Thompson	SO St. John's (Minn.)	4141
8	Kyle Stichman	SR Bethel (Minn.)	4123
9	Phil Donnelly	FR Carleton	4107
10	Dan Wilson	FR Concordia-Moorhead	4084
11	Chris Frick	SR St. Olaf	4045
12	Tyler Cullen	FR St. Thomas	4010
13	Drew Probst	FR St. Thomas	3973
14	Liam Sullivan	JR Carleton	3920
15	Christian Beamer	SO Saint Mary's	3751
16	Billy Retza	JR Macalester	3743
17	Zach Paustian	SO Concordia-Moorhead	3317
18	Mack Maroushek	FR St. John's (Minn.)	3168

=====

Men - Team Rankings - 20 Events Scored

=====

1) St. Thomas	185	2) Carleton	105.50
3) St. John's (Minn.)	103	4) Bethel (Minn.)	98
5) Gustavus Adolphus	68	6) Hamline	53.50
6) Concordia-Moorhead	53.50	8) St. Olaf	50
9) Saint Mary's (Minn.)	33	10) Macalester	27.50
11) Augsburg	3		